# **Monmouth County Community Resource Sheet**

### Call to report abuse

#### 1-877-NJ ABUSE (652-2873)

#### 24 hours a day - 7 days a week

Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report it to the Division of Child Protection and Permanency (formerly DYFS). Calls can be made anonymously. Anyone who makes a good faith report based on reasonable grounds is immune from prosecution.

## **Helplines/Hotlines**

**National Suicide Prevention Hotline 1-800-273-8255** – A 24/7 confidential hotline with free and confidential support services for people in distress

**NJ Hopeline 1-855-654-6735 -** A 24/7 confidential hotline for peer support and suicide prevention

**NJ 2-1-1** – A phone and online resource for getting connected to local resources. www.nj211.org

**Monmouth Resource Net** – Website with local and community resources <a href="http://www.monmouthresourcenet.org/">http://www.monmouthresourcenet.org/</a>

**Family Helpline 1-800-THE-KIDS (843-5437)** – A hotline for families who are trying to prevent a crisis from occurring. Parents may be provided with parenting resources and community referrals.

2<sup>nd</sup> Floor Youth Helpline Call or Text 1-888-222-2228 – This is a youth helpline serving all youth and young adults in New Jersey. Youth who call are assisted with their daily life challenges. Anonymity and confidentiality are assured except in life-threatening situations.

**Monmouth County Domestic Violence Hotline 1-888-843-9262** – This hotline serves domestic violence victims and others seeking information about domestic violence services.

**Monmouth County Sexual Assault Hotline 1-888-264-RAPE (7273)** – This hotline connects individuals affected by sexual violence with professionals that provide assistance and referrals.

## **Additional Resources/ Resources for Healing**

NJ System of Care 1-877-652-7624 – Call this number to find out about services for children and teens with emotional and behavioral health care challenges and their families. Monmouth County Human Services 732-431-7000 – Call this number for County Mental

Health Services

**Monmouth Family Support Organization** – Family Based Services (732) 571-3272 **County Mental Health Board** – Monmouth Co. Div. of Mental Health (732) 431-6451